

Complete meals on infant menu to correspond with days claimed (checked) on meal count form. Provider _____ Month _____ Year _____

Infant (0-11 months), Iron fortified formula (IFF) and Breast Milk (BM) counts for infants 0-11 months. Iron fortified cereal (IFC) is the only cereal that counts for infants. **Exceptions will be allowed only with physician letter.**

0-5 Months: IFF or BM <i>Only</i> Birth through 5 months 4-6 fluid ounces breastmilk or formula		6-11 Months: IFF or BM <i>Additional Foods offered when Infant is developmentally ready</i> 6-11 months old at least 1 component must be offered 6-8 fluid ounces breastmilk or formula					6-11 Months: Offer food once infant is developmentally ready. 1-4 tablespoons infant cereal, meat, fish, poultry, whole egg, cooked dry beans, or cooked dry peas; or 1-2 ounces of cheese; or 1-4 ounces (volume) of cottage cheese; or 1-4 ounces or ½cup of yogurt; or a combination of the above; and 1-2 tablespoons vegetable or fruit or a combination of both, NO JUICE for INFANTS										Infant Name:	
Requirement/s		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15		
Breakfast	IFF or BM Required →																	Type of Formula
	IFC → (6-11 months)																	
	Fruit or Veg. (6-11 months) →																	
AM	IFF or BM Required →																	
	(6-11 months only) IFC, bread or crackers →																	
Lunch	IFF or BM Required →																	
	IFC & or meat, fish, poultry, egg yolk or cooked dry beans or peas or cheese/cottage cheese (6-11 months) →																	
	Fruit & or Vegetable (6-11 months) →																	
PM	IFF or BM Required →																	
	IFC, bread or crackers (6-11 months) →																	
Dinner	IFF or BM Required →																	
	IFC & or meat, fish, poultry, egg yolk or cooked dry beans or peas or cheese/cottage (6-11 months) →																	
	Fruit & or Vegetable (6-11 months) →																	
Night	IFF or BM Required →																	
	IFC, bread or crackers (6-11 months) →																	

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Requirement/s		16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
Breakfast	IFF or BM Required →																
	IFC →																
	Fruit or Veg. (6-11 months) →																
AM	IFF or BM Required →																
	IFC, bread or crackers (6-11 months)																
Lunch	IFF or BM Required →																
	IFC & or meat, fish, poultry, egg yolk or cooked dry beans or peas or cheese/cottage cheese (6-11 months optional) →																
	Fruit & or Vegetable (6-11 months) →																
PM	IFF or BM Required →																
	IFC, bread or crackers (6-11 months) →																
Dinner	IFF or BM Required →																
	IFC & or meat, fish, poultry, egg yolk or cooked dry beans or peas or cheese/cottage cheese (6-11 months) →																
	Fruit & or Vegetable (6-11 months) →																
Night	IFF or BM Required →																
	IFC, bread or crackers (6-11 months) →																

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